



Hi There,

Student life is one of the best times in one's life. Unfortunately, it also involves quite a few worries, and many of them start almost as soon as the new semester starts. Don't you agree? Online classes, heartbreaks, a jam-packed timetable, you name it.

Sometimes this may cause intense, unending anxiety in our minds and hearts. Man! Assignments, quizzes, exams, they're all such major stress-inducers no? But all tests don't have to be that way.

This time, take this unique **test that won't stress you** but will tell you just how stressed you are.

**[SHOW ME HOW STRESSED I AM](#)**

Understanding yourself is always a challenging task. If you feel like you have hit a roadblock, help is just [a click away](#) :)

**Go ahead, unleash the best version of yourself!**

**Standing With You,  
Team YourDOST**